Prepare for your visit

**Have answers ready**
Have some basic info about your cat’s age, and any previous vaccinations health issues or surgeries.

**Use a cat carrier**
Try and acclimate your kitty early on by placing treats and toys inside the carrier.

**Enjoy the ride**
Avoid feeding your cat at least one hour before leaving to avoid car sickness.

**Treat often**
In the waiting room, praise and treat your cat to help them feel comfortable.

During the checkup

**Body Condition**
If your cat is 7 or older, your vet will ask about diet and any changes in behavior activity level.

**Joints and Mobility**
Testing for arthritis. Your vet will ask about their activity level.

**Respiratory**
Does your cat wheeze or struggle to breathe? Any congestion?

**Oral & Digestive**
Any changes in appetite? Stool? Older cats often benefit from a teeth cleaning.

**Urinary**
An SDMA test can determine if the kidneys are functioning properly.

**Glands**
Expect a check of the lymph nodes, anal glands, etc.

Post-checkup questions

- Does anything seem unusual about my cat’s health?
- Any recommended changes to their food/diet?
- Any necessary vaccinations or follow-up visits?