

# Weight Management Care

## 5 Questions to Ask Your Vet

Pets with weight problems require special attention. Work with your veterinarian to better understand your dog's specific needs and learn how to provide the best care. The following 5 questions can help you begin the discussion and maximize your pet's vet visit.

**1. What is the target weight for my pet? What are the health risks if my pet is overweight?**

- Learn about other diseases related to excess weight
- Learn how to tell if your pet is losing weight
- You should feed your pet according to target weight not to the current weight

**2. What exercise program should I follow to help my pet reach target weight?**

- Discuss how you can involve your pet in your own exercise routine
- Ask for pet exercise tips you can use at home

**3. Is there a therapeutic food like Hill's® Prescription Diet® brand pet food you can recommend for my pet's health?**

- Ask about special nutritional concerns for your pet and how the recommended food will answer those concerns
- Learn the cost per day of feeding Hill's® Prescription Diet® pet food

**4. Can you provide written instructions or a booklet for weight management?**

- Which low calorie treats can I feed my pet with the Hill's® Prescription Diet® pet food?

**5. What is the best way (email/phone) to reach you or your hospital if I have follow-up questions regarding our discussion?**

- Ask if you need a follow-up appointment.
- Ask if a reminder email or notice will be sent.

Veterinarian's name \_\_\_\_\_

Phone number \_\_\_\_\_

Off-hour emergency phone number \_\_\_\_\_

Email \_\_\_\_\_

